

LUNCH

Available Monday - Friday, 12-4pm

Starters

SOUP OF THE DAY €7.25

served with homemade brown bread
contains dairy & wheat. GF bread available on request

CHICKEN WINGS €11.95/

in a Thai sticky sauce with
sesame seeds, spring onions and
blue cheese dressing
contains soybeans & sesame seeds

GOATS' CHEESE PARCELS €10.95

in filo pastry with tomato jam
contains dairy & wheat

CACIO E PEPE ARANCINI €10.95

with tomato sauce and pecorino
romano
contains dairy, wheat & sulphites

FRITTERS €10.95

halloumi and courgette fritters
served with lemon dressing
contains milk, wheat & eggs

Mains

LENTIL SHEPHERD'S PIE €15.95

lentils with vegetables, topped with a
creamy potato mash
contains dairy

THAI GREEN CURRY €15.95

broccoli, courgette, green peas, peppers,
spring onions, basil and coconut, served
with basmati rice and pitta
add prawns or cajun chicken €5.00
contains wheat (add-ons contain crustaceans or sulphites)

CRISPY CAULIFLOWER TACOS €16.95

three soft shell tacos with cabbage
and pickled onion, served with
sweet potato fries
contains wheat, nuts, dairy & egg

FISH & CHIPS €19.95

haddock in beer batter with homemade
chips, mushy peas and aioli
contains fish & egg

HEIRLOOM TOMATO SALAD €16.95

with burrata cheese, rocket, and pesto
contains dairy & pinenuts

CALAMARI €10.95

deep fried calamari with a rainbow
salsa
contains molluscs, fish, sesame seeds & soy

PRAWN PIL PIL €12.95

prawns cooked in olive oil with garlic chilli
and smoked paprika, served with
sourdough baguette
contains molluscs, crustaceans & wheat

CHARCUTERIE BOARD €13.50

prosciutto, salami, mortadella and
chorizo, served with pickles, olives,
relish and crusty bread
contains wheat, sulphites & mustard. GF option available on request

CHEESE BOARD €12.95

Durrus, Cashel Blue, St. Tola Goat and
Manchego cheeses, served with grapes,
chutney, nuts and crackers
contains wheat, milk, almonds & mustard. GF option available on request

LARGE MIXED €21.50

CHARCUTERIE BOARD
contains wheat, milk, almonds, sulphites & mustard. GF option available on request

PUMPKIN & MUSHROOM CANNELLONI €16.95

with pecorino cheese
contains dairy

BUTTERMILK CHICKEN BURGER €17.95

in a brioche bun with spicy mayo and
sweet potato fries

choice of cheese or bacon
contains wheat, milk & soybeans. GF bun available

BEEF BURGER €17.95

8oz burger with Ballymaloe relish
served in a brioche bun with chips
choice of cheese or bacon
contains wheat, milk & mustard. GF bun available

Sides

SWEET POTATO FRIES €6.25

ROSEMARY & PARMESAN FRIES €6.25

contains dairy

ROCKET & PEAR SALAD €6.25

CHIPS €5.50

GARLIC BREAD €5.00

contains dairy

Desserts

MANGO & PASSIONFRUIT TRIFLE €8.50

layers of sponge cake, fruit jelly,
mango, pistachio, and whipped cream
contains dairy, nuts, eggs, wheat, sulphur dioxide & sulphites

STRAWBERRIES & CREAM €8.50

contains dairy

BROWNIE NUT SUNDAE €8.50

crushed brownie with vanilla ice
cream, cream, chocolate sauce, and
hazelnuts

contains dairy, eggs & nuts

CHEESECAKE OF THE DAY €8.50

served with bourbon vanilla ice cream
contains dairy, wheat, sulphites & soybean

Lunch Specials

CONFIT DUCK WRAP

with pak choi, carrots, shredded
cucumber, coriander, spring onions,
bean sprouts and mixed leaves, with
hoisin sauce

contains wheat, soybean & sesame seeds. GF bread
available on request

CLASSIC CLUB SANDWICH

with chicken, cheddar cheese, bacon
and lettuce, with a Dijonnaise spread
contains wheat & mustard. GF bread available on request

TOFU BÁNH MÌ

crusty roll with lemongrass, aubergine
and tofu balls, pickled radish, cucumber
and carrot, with a sriracha mayo

contains wheat. GF bread available on request

PO' BOY

prawns, tomato, gherkin and iceberg
lettuce with a rémoulade dressing

contains wheat & crustaceans. GF bread available on request

€11.95

(with side of soup, salad, or chips)