

IFI CAFÉ BAR

Starters

SOUP OF THE DAY
served with homemade
brown bread

€6.75

contains dairy
& wheat.
GF bread available
on request

CHICKEN WINGS
in a Thai sticky sauce
with sesame seeds,
spring onions and blue
cheese dressing

€10.95/

€14.95
contains
soybeans &
sesame seeds

ARANCINI

mushroom and bacon
risotto balls with a panko
breadcrumb crust, pea
purée and parmesan

€9.95

contains milk,
wheat, soybean,
sulphites & eggs

FRITTERS

haloumi and courgette
fritters served with
lemon dressing

€9.95

contains
milk, wheat
& eggs

BREAD & DIPS

butternut squash
hummus, basil pesto,
baba ganush and salsa
de aji picanto served
with toasted pitta

€8.95

contains milk,
wheat &
pinenuts.
GF bread
available on
request

CALAMARI

deep fried calamari
with a sweet & sour
chilli sauce

€9.95

contains
molluscs, fish,
sesame
seeds & soy

Mains

CHICKEN PARMESAN

crispy chicken with panko
breadcrumbs topped with
mozzarella and parmesan,
served on a bed of linguini
with a tomato and basil sauce

€17.95

contains
milk, wheat
& eggs

SUPERFOOD SALAD

quinoa, broad beans, turtle
beans, roast sweet potato,
smoked almonds, pistachios,
mixed leaves, mixed seeds,
pickled onion and
pomegranate seeds, with a
peanut butter dressing

€14.95

contains
peanuts,
almonds &
sesame
seeds

add prawns or cajun chicken

contains crustaceans contains sulphites

€4

FISH & CHIPS

haddock in beer batter with
homemade chips, mushy
peas and tartar sauce

€17.95

contains
fish

CRISPY

CAULIFLOWER TACOS

three soft shell tacos with
cabbage and pickled onion,
served with sweet potato fries

€15.95

contains
wheat,
nuts &
dairy

BEEF BURGER

8oz burger with
Ballymaloe relish
served in a brioche
bun with chips

€16

contains
wheat, milk
& soybeans.
GF bun
available

choice of cheese or bacon

BUTTERMILK CHICKEN BURGER

in a brioche bun with
spicy mayo and sweet
potato fries

€16

contains
wheat, milk
& soybeans.
GF bun
available

choice of cheese or bacon

CHICKPEA & ALMOND BURGER

in a brioche bun with
Ballymaloe relish and
chips

€15.95

contains
wheat, almond,
soybeans &
mustard.
GF bun
available

choice of cheese or bacon

Sides

SWEET POTATO FRIES

€5.95

ROSEMARY & PARMESAN FRIES

€5.95

ROCKET & PEAR SALAD

€5.95

CHIPS

€4.95

GARLIC BREAD

€4.75

IFI Membership

Why not become a member? Avail of benefits and discounts across the IFI including 10% discount on meals over €10 in the Café Bar (max. 2 diners per membership). Ask your server or at IFI Box Office for further details.

Sandwiches €10.95 (with side of soup or chips)

CONFIT DUCK WRAP

with pak choi, carrots,
shredded cucumber,
coriander, spring onions,
bean sprouts and mixed
leaves, with hoisin sauce

contains wheat, soybean & sesame seeds
GF bread available on request

CLASSIC CLUB SANDWICH

with chicken, cheddar
cheese, bacon and
lettuce, with a Dijonnaise
spread

contains wheat & mustard
GF bread available on request

TOFU BÁNH MÌ

crusty roll with
lemongrass, aubergine and
tofu balls, pickled radish,
cucumber and carrot, with
a sriracha mayo

contains wheat
GF bread available on request

PO' BOY

prawns, tomato,
gherkin and iceberg
lettuce with a
rémoulade dressing

contains wheat & crustaceans
GF bread available on request

available Monday - Friday, 12.00 - 16.00

Platters

CHEESE BOARD

Durrus, Cashel Blue, St Tola
Goat and Manchego
cheeses, served with
grapes, chutney, nuts and
crackers

€10.95

contains
wheat, milk,
almonds &
mustard
GF option
available
on request

CHARCUTERIE BOARD

prosciutto, salami, mortadella
and chorizo, served with
pickles, olives, relish and
crusty bread

€11.95

contains
wheat,
sulphites &
mustard
GF option
available on
request

LARGE MIXED CHARCUTERIE BOARD

contains wheat,
milk, almonds,
sulphites &
mustard.
GF option available
on request

IFI CAFÉ BAR

Desserts €6.95

ETON MESS

crushed meringue, thick cream, fresh strawberries and coulis

contains dairy & eggs

BROWNIE NUT SUNDAE

crushed brownie with vanilla ice cream, cream, chocolate sauce and hazelnuts

contains dairy, eggs & nuts

CHEESECAKE OF THE DAY

served with bourbon vanilla ice cream

contains dairy, wheat, sulphites & soybean

POPCORN & CARAMEL

salted popcorn with bourbon vanilla ice cream, drizzled with salted caramel sauce

contains dairy

Cocktails

MOJITO	€11
APEROL SPRITZ	€11
COSMOPOLITAN	€11
MOSCOW MULE	€11
ESPRESSO MARTINI	€11
BLOODY MARY	€11
MIMOSA	€10
BELLINI	€10

Draught

HALF PINT

GUINNESS	€3.30	€6.10
HOP HOUSE 13	€3.40	€6.40
MADRI	€3.60	€7.00
CARLSBERG	€3.40	€6.40
REBEL RED	€3.40	€6.40
CHIEFTAIN IPA	€3.50	€6.70

Bottle Beer

CORONA	330ml	€5.70
COORS LIGHT	330ml	€5.70
HEINEKEN	330ml	€5.70
PERONI	330ml	€5.70
BUDVAR	500ml	€6.85
ERDINGER	500ml	€6.95

Cider

ORCHARD THIEVES	568ml	€6.60
BULMERS	568ml	€6.60
STONEWELL MED	500ml	€7.95
STONEWELL DRY	500ml	€7.95

Non Alcoholic

ERDINGER N/A	500ml	€5.95
GUINNESS 0.0	500ml	€5.00

White Wine

	175ML	250ML	BOTTLE
LE BOSQ GRENACHE BLANC France, 2018	€6.75	€8.50	€26.00
SIERRA SALINAS MACABEO Spain, 2018	€7.50	€10.00	€30.00
GABRIELLA PINOT GRIGIO Italy, 2021	€8.25	€10.75	€33.00
LA CHEVALIÈRE CHARDONNAY France, 2020	€8.75	€11.25	€35.00
TOURAINÉ SAUVIGNON BLANC France, 2020	€9.25	€11.75	€36.00

Red Wine

	175ML	250ML	BOTTLE
LE BOSQ GRENACHE ROUGE France, 2020	€6.75	€8.50	€26.00
CHILENSIS MERLOT Chile, 2021	€7.00	€9.00	€28.00
REAL COMPANIA TEMPRANILLO Spain, 2019	€7.50	€9.75	€30.00
ESCAPADA LISBOA RARE RED Portugal, 2019	€7.75	€10.00	€31.00
DON DAVID RESERVE MALBEC Argentina, 2020	€8.75	€12.00	€35.00

Rosé and Bubbles

	175ML	250ML	BOTTLE
AUTÉNTICO ROSÉ BOBAL ORGANIC Argentina, 2020	€8.00	€10.50	€32.00
MASOTTINA PROSECCO FRIZZANTE Italy	GLASS €8.00	BOTTLE €40.00	

VINTAGES MAY VARY