
LUNCH 12-4PM

MONDAY- WEDNESDAY

Soup of the Day.....6.00

served with homemade brown bread

Tuna Wrap....6.00

with cheddar, sweetcorn, red onion & mayo.

Chicken & Bacon Wrap....6.00

with cheddar, red onion & spicy mayo

Goats Cheese Wrap.....6.00

with beetroot, mixed leaves, walnuts & a raspberry dressing

Caesar Wrap..... 6.00

with baby gem, parmesan & croutons



IFI MEMBERSHIP



Why not become a member? Avail of benefits and discounts across the IFI including 10% discount on meals in the Cafe Bar. Ask your server or at the Box Office for further details.

DESSERTS

Cheesecake of the Day.....6.50

served with bourbon vanilla ice cream & raspberry
coulis

Popcorn & Caramel.....6.50

salted popcorn with bourbon vanilla ice cream
drizzled with salted caramel sauce

Brownie Nut Sundae.....6.50

crushed brownie with vanilla ice cream, cream,
chocolate sauce & hazelnuts

Sorbet.....6.50

raspberry sorbet with fresh strawberries

SWEETS

Tea Brack	3.50
Lemon Log	4.25
Carrot Cake	4.75
Chocolate Biscuit Square	4.00
Apple, Berry & Almond Tart	4.95
Pear & Pecan Tart	4.95
Chocolate Brownie	3.95

Add Scoop of Ice Cream or Fresh Cream for €1



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BRUNCH

👉 FULL IRISH BREAKFAST 👈

sausage, egg, bacon, Clonakilty Black Pudding, mushrooms, baby potatoes & sourdough Toast

14.50

Breakfast Buttie..... 9.95

sausage, bacon & fried egg buttie w/ Ballymaloe Relish & chips

Chorizo Hash..... 11.95

chorizo & chickpea hash with potatoes, black pudding, spinach, cherry tomato & poached egg

Avocado on Toast 10.95

smashed avocado on homemade brown bread with poached eggs

French Toast Stack

with mixed berry compote, mascarpone cream & caramelised banana.....10.95

with crispy bacon & Maple Syrup.....11.95

Chickpea & Almond Burger..... 13.95

in a brioche bun with Ballymaloe relish and fries

Beef Burger.... 14.50

8oz burger with Ballymaloe relish served in a brioche bun with fries
add cheese or bacon.....15.50 add both.....16.00

Buttermilk Chicken Burger.....14.50

in a brioche bun with spicy mayo and sweet potato fries

add cheese or bacon.....15.50 add both.....16.00

Crispy Cauliflower Tacos..... 13.95

3 soft shell tacos with cabbage & pickled onion served with sweet potato fries

Loaded Fries 11.95

sweet potato fries with chilli beef, cheddar cheese & hot sauce

★ COCKTAILS ★

Mojito..... 9.95

Aperol Apritz..... 9.95

Cosmopolitan..... 9.95

Moscow Mule..... 9.95

Espresso Martini..... 9.95

DESSERTS

Mango Cheesecake.....6.50

served with bourbon vanilla ice cream & raspberry coulis

Popcorn & Caramel.....6.50

salted popcorn with bourbon vanilla ice cream drizzled with salted caramel sauce

Brownie Nut Sundae.....6.50

crushed brownie with vanilla ice cream, cream, chocolate sauce & hazelnuts

Sorbet.....6.5

raspberry sorbet with fresh strawberries

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SIDES

Sweet Potato Fries 4.95

Rosemary Parmesan Fries 4.95

Rocket & Pear Salad 4.95

Fries 4.45

Garlic Bread 4.25

Baby Roast Potatoes 4.95

★ **LUNCH SPECIALS 12-4** ★

THURSDAY & FRIDAY

Loaded Fries 11.95

sweet potato fries with chilli beef,
cheddar cheese & hot sauce

Grilled Chorizo Ciabatta 9.00

with caramelised onion, cheddar cheese
& Ballymaloe relish, served with fries

Roast Veg Sandwich 9.00

roasted vegetables on a granary sourdough
served with with fries

BELT..... 9.00

bacon, egg, lettuce & tomato on a flourey bap
served with fries

3 Cheese 9.00

with sundried tomato & mayo on a ciabatta
served with fries

STARTERS

Soup of the Day 6.00

served with homemade brown bread

Fritters..... 8.5

haloumi and courgette fritters served with lemon dressing

Calamari 8.5

deep fried calamari with a sweet & sour chilli

Bruschetta.....8.5

topped with hummus, avocado, tomato & basil
and red pesto

KATAIFI PRAWNS

kataifi pastry rolled prawns served with a black garlic
mayo dip

9.50

SIDES

Sweet Potato Fries	4.95
Rosemary Parmesan Fries	4.95
Rocket & Pear Salad	4.95
Fries	4.45
Garlic Bread	4.25
Baby Roast Potatoes	4.95

MAINS

FISH & CHIPS

Haddock in beer batter with homemade chips,
mushy peas & tartare sauce

15.95

Prawn Linguini..... 15.95

linguini with garlic & chilli prawns with fresh basil

Mac & Cheese 13.95

macaroni served with mushrooms, gruyere cheese
& garlic bread

Goats Cheese Salad 13.95

St Tola goats cheese with roasted rainbow carrots, mixed
leaves, hazelnuts & beetroot puree

IFI Curry..... 13.95

mixed vegetables & coconut served with basmati rice,
poppadom & peanuts

IFI Chicken Curry..... 16.00

chicken, mixed vegetables & coconut served with
basmati rice, poppadom & peanuts

Beef Burger.... 14.50

8oz burger with Ballymaloe relish served in a brioche bun
with fries
add cheese or bacon.....15.50 add both.....16.00

Buttermilk Chicken Burger.....14.50

in a brioche bun with spicy mayo and
sweet potato fries
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Chickpea & Almond Burger..... 13.95

in a brioche bun with Ballymaloe relish and fries
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Crispy Cauliflower Tacos..... 13.95

3 soft shell tacos with cabbage & pickled onion
served with sweet potato fries

DESSERTS

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served with bourbon vanilla ice cream & raspberry coulis

Popcorn & Caramel.....6.50

salted popcorn with bourbon vanilla ice cream
drizzled with salted caramel sauce

Brownie Nut Sundae.....6.50

crushed brownie with vanilla ice cream, cream, chocolate
sauce & hazelnuts

Sorbet.....6.5

raspberry sorbet with fresh strawberries