Traditional Eggs Benedict Poached eggs on an English m Hollandaise Sauce ••••	DNCHME		9.00			
Salmon Benedict Poached eggs on an English m with creamy Hollandaise Sauce		Salmon, topped	9.50			
V Eggs Florentine Poached eggs on an English m Hollandaise Sauce ••••	nuffin with Spinach, topp	ed with creamy	8.00			
Traditional Irish Cooked Brea Sausages, Bacon, Scrambled Black and White Pudding and	Egg, Tomatoes, Mushro	oms,	9.90			
V Veggie Breakfast Tomato, mushrooms, scramble	ed egg, beans, hash brov	wns & toast	7.50 ••			
V American style Pancake st	V American style Pancake stack, served with a choice of Maple Syrup,					
chocolate spread •• or fruit co Stack of 3 Stack of 5	mpote •••		6.75 8.25			
IFI Café Bar Chicken Wings Louisiana ••• Honey Barbeque •••		(6) 7.50	(10) 9.95			
Soup of the Moment Fresh Soda Bread ••			4.95			
Bruschetta			5.45			
Chopped tomato, fresh garlic a	and fresh basil •					
"Fish'n'Chips" Fresh haddock in a gluten free sauce and handcut chips •	cider batter, homemade	chunky tartare	12.75			
Homemade IFI Café Bar Beef Also available in Chicken or H Brioche Bap, Baby Gem Leave "King Kong" - Smoky Bacon a "Desperado" - Monterrey Jacl "The Big Kahuna" - Melting M	omemade Nut Burger es, Sliced Tomato, Sliced & Melting Mozzarella & Cheese & Jalapeno	V) Pickle	12.25			
V Persian 5 Bean Chilli with Flatbread A medley of seasoned tasty beans						
Piri Piri, Lemon & Herb Chicl Choice of Handcut Chips or Dil		a	12.50			
Falafel Served with a garlic mayonnais	se dip and a salad garnis	sh •	7.95			
Goat's Cheese Salad En croute, mixed baby leaves with roasted Mediterranean vegetables, marinated tomato, cucumber and a basil pesto dressing ••						
 Celery Dairy / Milk Molluscs Sulphur Dioxide & Sulphites Crustaceans Cereals containing Gluten 	 Mustard Nuts Eggs Sesame Seeds Fish Wheat 	 Peanuts Lupins Soy GF – Gluten Free V - Vegetarian 	1			

TREAT		NU			
Breakfast Cocktails Harvey Wallbanger Vodka, Galliano, and Orange Juice				8.95	
IFI Café Bar Bloody Mary Vodka, Tomato Juice, Pepper, Worcester Sa	auce and	Tobasco		8.95	
Cuba Libre Havana 7 Year Old Rum, Squeeze of Fresh	Lime Juic	ce, Coca	Cola	8.95	
Desserts Rhubarb & Custard Pie	••		5.50		
Homemade Warm Deep Apple Pie	e ••		5.50		
Raspberry Cheesecake		5.50			
Chocolate Brownie	••••		5.50		
Today's Selection of Ice Creams			4.95		
Our hot beverage selection Coffees Ristretto, Espresso 2.70 Americano, Decaf Americano		p) eakfast ⊺ st Decaf		2.25 2.25	
Espresso Macchiatto Double Espresso, Café Mocha 3.60 Latte Macchiatto		Feas e Green ⁻ ile, Pepp		2.50	
Café Latte, Cappuccino, 3.00			y, Rooib	os	
Hot Chocolate Soya and Low Fat Milk also available Add Syrup (Caramel, Hazelnut or Vanilla) .50					
Irish Coffee (Irish Whiskey) 6.95 French Coffee (Brandy) 6.95	Baileys	Coffee		6.95	
Trenen conce (Brandy) 0.00	Calypso	o Coffee	6.95	0.55	
Our wine selection Bubbly Colle del Principe Prosecco - Italy Perfectly clear with a fine mousse, fresh and		Snipe 11.00	6.95	Bottle 30.00	
Our wine selection Bubbly Colle del Principe Prosecco - Italy Perfectly clear with a fine mousse, fresh and Chilled out whites Marques de Plata - Spain	delicious	Snipe 11.00		Bottle	
Our wine selection Bubbly Colle del Principe Prosecco - Italy Perfectly clear with a fine mousse, fresh and Chilled out whites	delicious	Snipe 11.00	l 250m	Bottle 30.00	
Our wine selection Bubbly Colle del Principe Prosecco - Italy Perfectly clear with a fine mousse, fresh and Chilled out whites Marques de Plata - Spain A sunkissed blend of Sauvignon and Ma Valdemoro Sauvignon Blanc - Chile Smooth with a natural and well-balanced Il Portone Pinot Grigio - Italy Classic array - vanilla, zesty lime and cr	delicious acabeo. d acidity.	Snipe 11.00 	l 250m 7.70	Bottle 30.00	
Our wine selection Bubbly Colle del Principe Prosecco - Italy Perfectly clear with a fine mousse, fresh and Chilled out whites Marques de Plata - Spain A sunkissed blend of Sauvignon and Ma Valdemoro Sauvignon Blanc - Chile Smooth with a natural and well-balanced Il Portone Pinot Grigio - Italy	delicious acabeo. d acidity. unchy nce us minera	Snipe 11.00 175m 5.75 5.95 6.50 7.95	l 250m 7.70 7.95	Bottle 30.00 I Bottle 22.00 23.00	
Our wine selection Bubbly Colle del Principe Prosecco - Italy Perfectly clear with a fine mousse, fresh and Chilled out whites Marques de Plata - Spain A sunkissed blend of Sauvignon and Ma Valdemoro Sauvignon Blanc - Chile Smooth with a natural and well-balanced Il Portone Pinot Grigio - Italy Classic array - vanilla, zesty lime and cr Granny Smith apples Château de Mirande Mâcon Villages - Fra Ripe citrus and white peach with fabulou and pure, Chardonnay acidity. Lush and Ruby reds Marques de Plata - Spain Great berry aromas with a fruity palate.	delicious acabeo. d acidity. unchy nce us minera I rich.	Snipe 11.00 175m 5.75 5.95 6.50 7.95 als	l 250m 7.70 7.95 8.75 10.25	Bottle 30.00 I Bottle 22.00 23.00 25.00	
Our wine selection Bubbly Colle del Principe Prosecco - Italy Perfectly clear with a fine mousse, fresh and Chilled out whites Marques de Plata - Spain A sunkissed blend of Sauvignon and Ma Valdemoro Sauvignon Blanc - Chile Smooth with a natural and well-balanced Il Portone Pinot Grigio - Italy Classic array - vanilla, zesty lime and cr Granny Smith apples Château de Mirande Mâcon Villages - Fra Ripe citrus and white peach with fabulou and pure, Chardonnay acidity. Lush and Ruby reds Marques de Plata - Spain Great berry aromas with a fruity palate. chocolate and very tasty. Valdemoro Merlot - Chile	delicious acabeo. d acidity. unchy nce us minera I rich. Hints of	Snipe 11.00 175m 5.75 5.95 6.50 7.95 als 175m	l 250m 7.70 7.95 8.75 10.25 l 250m	Bottle 30.00 I Bottle 22.00 23.00 25.00 31.00 I Bottle	
Our wine selection Bubbly Colle del Principe Prosecco - Italy Perfectly clear with a fine mousse, fresh and Chilled out whites Marques de Plata - Spain A sunkissed blend of Sauvignon and Ma Valdemoro Sauvignon Blanc - Chile Smooth with a natural and well-balanced Il Portone Pinot Grigio - Italy Classic array - vanilla, zesty lime and cr Granny Smith apples Château de Mirande Mâcon Villages - Fran Ripe citrus and white peach with fabulou and pure, Chardonnay acidity. Lush and Ruby reds Marques de Plata - Spain Great berry aromas with a fruity palate. chocolate and very tasty.	delicious acabeo. d acidity. unchy unchy us minera I rich. Hints of ed.	Snipe 11.00	l 250m 7.70 7.95 8.75 10.25 l 250m 7.70	Bottle 30.00 I Bottle 22.00 23.00 25.00 31.00 I Bottle 22.00	